

Here's a fun way to help  
Organ Transplant Patients and Families  
at Strong Memorial Hospital!

## What?

Friends of Strong and the Strong Memorial  
Hospital Transplant Units

Eighth Annual  
Rochester River Run/Walk 5k

To benefit the Organ Transplant Patients  
and Families at Strong Memorial Hospital

## When?

September 26, 2009 at 9:00 a.m.

## Where?

Roundhouse Shelter  
Genesee Valley Park  
Rochester, NY

To register, call Friends of Strong  
(585) 275-2420 or download a form from  
[stronghealth.com/about/fos/walk.cfm](http://stronghealth.com/about/fos/walk.cfm)

Course certified to be accurate by the  
USATF #NY04017KL.

**New this year – a one mile walk.**

Over \$2,000 awarded in prizes last year!  
Age categories are 18 and under, 19-  
29, 30-45, 46-59, 60+ and top 2 pledge  
collectors.

### Friends of Strong Memorial Hospital Mission Statement:

Friends of Strong is an organization of  
volunteers which advances the mission  
of Strong Memorial Hospital by providing  
services to patients, families and visitors,  
promoting the hospital to the community,  
and raising money to support patient  
care needs.

Interested in volunteering for Friends  
of Strong? Help is always needed and  
opportunities abound!

For more information, please contact:

## Friends of Strong

601 Elmwood Avenue, Box 660  
Rochester, NY, 14642

(585) 275-2420

**STRONG**  
MEMORIAL HOSPITAL



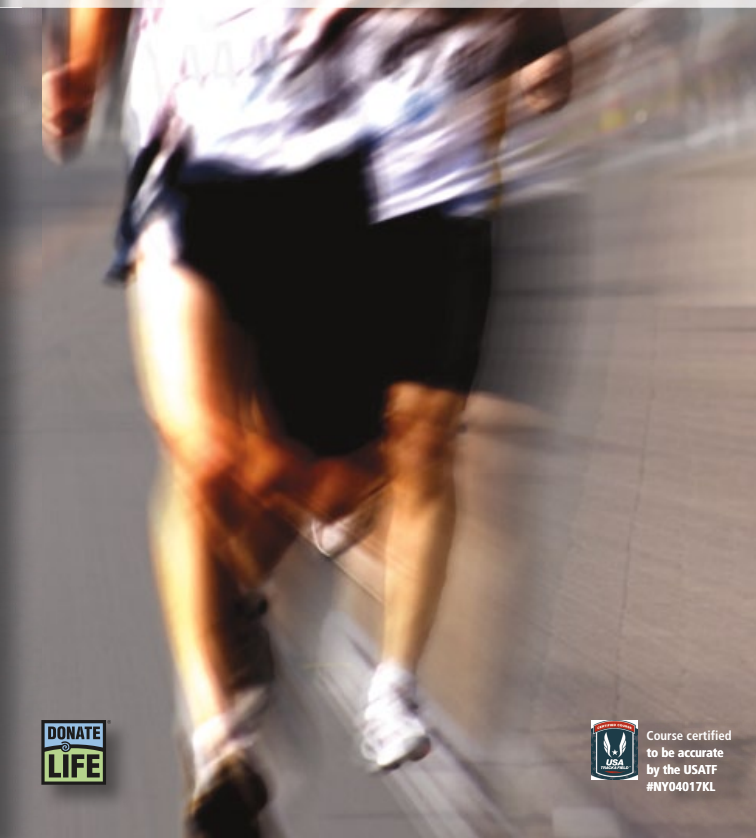
Saturday 9-26-09

Friends of Strong and the Strong Memorial Hospital Transplant Units

E i g h t h A n n u a l

## Rochester River Run/Walk 5K

To benefit the Organ Transplant Patients and Families  
at Strong Memorial Hospital



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#NY04017KL

Roundhouse Shelter  
Genesee Valley Park  
Rochester, NY

**New one mile walk!**

